



SAFETY POLICIES & PROCEDURES - UPDATED 2/8/21

FACILITY GUIDELINES

UPDATED HOURS OF OPERATIONS

- **Mon-Fri** | 5 am-10 pm
- *The club will be closed from 1pm-2pm Mon-Fri for a deep clean & supply restock.*
- **Sat-Sun** | 8am -6pm

CAPACITY

- *Our capacity has been limited to follow state guidelines and adhere to proper social distancing guidelines. Members are encouraged to check our capacity tracker prior to heading to the club.*
- *Reservations will not be required in order to use the facility.*
- *Classes will still require pre-registration via the Fit Factory App or MICO and capacity has been limited.*

LIMITED SERVICES

- *Group Fitness Studios will only be available when class is in session, and a group class time-slot must be booked for access.*

CLEANING

- *Team Members in each club will be refocused from normal duties and dedicated to zone cleanings in all areas of the gym, including high touch areas, door handles, and water fountains, etc. High-touch areas will be cleaned a minimum of every 30 minutes.*
- *Members will be required to wipe down equipment and surfaces after each use. Cleaning stations have been added within steps of every piece of equipment to ensure convenience.*
- *Daily cleaning protocols have been updated with extensive checklists for medical-grade cleaning materials, additional refill stations for wipes, sprays, and bottles, etc.*
- *Deep cleans will be conducted two times per day by both our staff and our professional, third party cleaning company.*
- *Hard to clean equipment such as bands will be available on a sign-out basis and disinfected by staff after each use.*

SOCIAL DISTANCING

- *Social distancing decals such as one way traffic indicators and designated group fitness studio spaces will be located throughout the club.*
- *Equipment has been spaced out to adhere to social distancing recommendations.*



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OTHER MEASURE & UPDATES:

- Temperature checks will be required for all staff members.
- All employees and members will be required to wear masks at all times.

KIDS ROOM GUIDELINES

In order to reopen, we must comply with the new standards set forth by the State. These protocols will evolve and we will update as new information becomes available to us by our officials.

There will be a **90 minute maximum** for kids room visits and each individual is **limited to two children per visit**. **Registration is required** via the Fit Factory App "class sign in" tile (if registering two children, two slots will need to be booked). After registration, a text message with our **safety screening** will be sent to you. It can also be accessed at www.fitfactoryclubs.com/safety-screening.

KEEPING YOU SAFE:

Illness:

Parents and children **MUST** stay home when sick.

Limiting exposure:

Parents may drop their child at the door to the Kids Room. Non-essential staff and parents are restricted from entering the Kids Room unless the parent needs to help their child with toileting and diapering.

Daily Health Checks:

All individuals looking to utilize Fit Factory's babysitting amenity will be required to self-screen at home before arriving (including a temperature check) and then screened prior to admittance into the Kids Room with a temperature check. Parents must fill out a Google Document for each child who is attending the Kids Room. This questionnaire includes a series of questions about your child and members within the household. If anyone in the household has any of these symptoms, the child will not be permitted to enter Fit Factory's Kids Room unless accompanied by a doctor's note clearing them.

ACCESS THE QUESTIONNAIRE AT: <https://fitfactoryclubs.com/kids-room-questionnaire>

Health Monitoring:

Staff will actively monitor children throughout their time in the Kids Room for symptoms of any kind, including fever, consistent cough, shortness of breath, diarrhea, nausea, and vomiting and children exhibiting signs of illness will be separated from the larger group.

Symptom Management:

We will have a safe space where it is easy to supervise isolated children who may become sick while in care. Children with symptoms of COVID-19 will be isolated with immediate parent pick-up. Self isolation of any family member or



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staff exposure to or displaying symptoms of the virus will also be required to isolate

Sent Home Sick:

Any child or staff who shows any symptoms at the center will be sent home immediately and unable to return until cleared with a note from their doctor. Also any siblings or household members must leave until the symptomatic child/person is cleared to return.

Exposure:

If a child or staff has been exposed to COVID-19, regardless of whether the individual has symptoms, the child or staff will not be permitted to enter the Kids Room. Exposed individuals must stay home for at least 14 days after the last day of contact with the person who is sick. We will follow guidance from the local Board of Health and Public Health Nurse on quarantine for other children and staff and what additional precautions will be needed to ensure the Kids Room space is safe for continued babysitting services. We will notify parents if there has been a suspected or confirmed case of COVID-19 among the children or staff, while safeguarding the privacy of the individual.

Isolation:

Exclusion protocols from the Board of Health will be followed for any child, staff or family member with a positive test for COVID-19 or who are symptomatic and presumed to have COVID-19. Anyone who is in contact with a positive case must quarantine for 14 days and be asymptomatic. A note from their doctor or Public Health Nurse clearing you to return is required.

UPDATED KIDS ROOM POLICIES:

Limited Spaces and Times:

Kids Room sizes will be reduced and vary by club to ensure we can space the children safely within the Kids Room. We are adjusting our hours to meet the needs of our members in 90 minute increments.

Braintree: 8, Kingston: 8, Foxboro: 10, N. Attleboro: 8, Berlin: 10, Colleyville: 12, Garland: 10

Hours vary by club and are as follows:

MA Hours:

Mon-Thur: 8:30a - 1p, 4:30p - 7:30p

Fri: 8:30a - 1p

Sat: 8a - 12:30p

TX Hours:

Mon-Thur: 8:30a - 1p, 4:30p - 7:30p

Fri: 8:30a - 1p

Sat: 8:30a - 1p

Increased hand-washing:

All individuals entering the Kids Room are required to wash their hands immediately. Monitored hand-washing and hygiene protocols for children will be built in during all necessary times throughout their time in the Kids Room. Staff and children must wash their hands with soap and water for at least 20 seconds after each of the following: entry and exit from the Kids Room, after sneezing/coughing/nose blowing, after touching or cleaning surfaces that may be contaminated, after contact with face mask or cloth face covering.



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Personal Protective Equipment:

Fit Factory requires the use of face coverings among all staff, especially when physical distancing is not possible. At parent discretion, CDC encourages the wearing of masks/cloth face coverings for children age two and older who can safely and appropriately wear, remove and handle masks. Children over 7 years of age are required to wear masks at all times.

Caring for Infants and Toddlers:

As part of care, infants and toddlers are held. Fit Factory Kids Rooms staff practice stringent hygiene and infection control practices to keep themselves and the young children they are watching healthy and safe while still being able to hold and watch children

Toys from Home:

No toys from home will be allowed (except a comfort item)

Training:

Fit Factory Kids Room staff will be trained in recognizing symptoms, increased hygiene and disinfection protocols, as well as best practices in physical distancing with young children.

Enhanced Disinfection:

To ensure effective cleaning and disinfecting, surfaces will be cleaned and then disinfected using our EPA-approved disinfectant for use against the virus that causes COVID-19 after each Kids Rooms babysitting session. High-touch areas, such as door handles, light switches, faucets, toilet seats, and handles will be disinfected throughout each session and we'll perform an enhanced deep clean every day from 1-2PM and at night.

Changes To Pickup/Dropoff

Please sign up for your kids room time slot using the Fit Factory App (limit two children per member). Prior to visiting the kids room please fill out the questionnaire that will be texted to you upon registration. The form can also be found on our website at <https://fitfactoryclubs.com/kids-room-questionnaire> and an email will be sent to all members. A health screening is mandatory for each staff and child in attendance each day. If you have multiple children, a health form for each child must be filled out and submitted. Provided no symptoms of illness are identified, please bring your child to the entrance of our Kids Room where one of our staff will meet you at the door to greet your child, bring them inside and supervise hand-washing. Individuals who decline or fail to complete the health screening survey will not be permitted to enter the Kids Room.

As a reminder our babysitters will come get you if your child needs help with toileting or diapering. This will be the only time parents are allowed inside the Kids Room. We ask that only one adult drops off and picks up their child. If another family is at the Kids Room entrance, please wait until the entrance is cleared and maintain safe social distance while in queue.