

## **FACILITY GUIDELINES**

### **REDUCED HOURS OF OPERATIONS**

- **Mon-Fri** | 6 am-9 pm
  - The club will be closed from 1pm-2pm Mon-Fri for a deep clean & supply restock.
- **Sat-Sun** | 8 am -4 pm

### **CAPACITY**

- For the first week of operations only 10% of normal capacity will be allowed in at once. After the first week we will revisit this and potentially increase capacity to 25% of normal operations.

### **CHECK IN PROCESS | REGISTERING**

- Members will be able to book a one-hour long workout slot using the "class sign in" feature in the [Fit Factory App](#), or through [MyiClubOnline](#). Complete booking instructions can be found [here](#).
- A limited number of Group Fitness and F.F.I.T. Classes will be available. Classes will be limited to 6-10 participants to allow for social distancing. If a class is booked, a separate workout slot is not necessary.
- Both classes and workout slots can be booked up to 24 hours before the time-slot begins.
- Please note you must click "book now" in the app, clicking "add to calendar" does not equate to a booking.
- Members will use a touchless scan in process to scan their barcode on the scanner which will be placed on the counter
- Cash will not be accepted for retail purchases. A credit card may be used with the chip reader or if it is stored on file

### **LIMITED SERVICES**

- There will temporarily be no babysitting, tanning, women's only area use, or use of the sauna during Phase 1 of our reopening. Per government orders, the locker rooms and showers will also be closed. Towel service will be available, but will be limited to small towels. We hope to be able to reintroduce these amenities shortly and will be monitoring the situation closely to determine when it is safe to do so.
- Group Fitness Studios will only be available when class is in session, and a group class time-slot must be booked for access.

### **CLEANING**

- Team Members in each club will be re-focused from normal duties and dedicated to zone cleanings in all areas of the gym, including high touch areas, door handles, and water fountains, etc. High-touch areas will be cleaned a minimum of ever 30 minutes.
- Members will be required to wipe down equipment and surfaces after each use and cleaning stations have been added within steps of every piece of equipment to ensure convenience.
- Daily cleaning protocols updated with extensive checklists for medical-grade cleaning materials, additional refill stations for wipes, sprays, and bottles, etc.
- Deep cleans will be conducted two times per day by both our staff and our professional, third party cleaning company.
- Hard to clean equipment such a bands will be available on a sign-out basis and disinfected by staff after each use.

### **SOCIAL DISTANCING**

- Social distancing decals such as one way traffic indicators and designated group fitness studio spaces will be located throughout the club.
- Equipment has been spaced out to adhere to social distancing recommendations.

### **OTHER SAFETY MEASURES**

- Temperature checks will be required for all staff members.
- All employees will be required to wear masks and gloves at all times. The use of masks and gloves is encouraged for our members, but not required.

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## WELCOME BACK!

In accordance with state and local government guidelines please help us to keep the Fit Fam safe & healthy by respecting the following policies and procedures.



Our club hours will be limited during phase one of reopening. The club will be open between 6AM & 9PM Monday - Friday, with a short closure for cleaning from 1 to 2PM. On Saturday and Sunday we will be open from 8AM to 4PM.



To ensure social distancing we will be spacing our equipment appropriately, introducing one way traffic flows and limiting club capacity. Please be sure to reserve your one hour workout slot via the Fit Factory App up to 24 hours ahead of time.



The use of masks and gloves is recommended at the club. Our staff members will be required to wear masks and gloves during their shifts, and will also undergo temperature checks before beginning each shift.



Amenities such as babysitting, tanning, the women's only area and sauna will be temporarily unavailable. Other amenities, such as group fitness and F.F.I.T. classes may be limited in capacity and frequency.



Locker rooms, including showers, will be unavailable during the first phase of our re-opening per the order of the Texas government. Only small towels will be available for use.



Please be sure to wipe off your equipment both before and after use - we have added cleaning stations within steps of each piece of equipment. Our staff will be cleaning high touch areas every 30 minutes and conducting deep cleans 2x/day.



If you are not feeling well, exhibiting any symptoms of COVID-19, or have been around someone who may have been exposed to the virus please stay home.

# YOUR HEALTH COMES FIRST!

## WE'VE IMPLEMENTED ENHANCED SANITATION PROTOCOLS & PREVENTATIVE MEASURE TO KEEP YOU SAFE & HEALTHY!



Staff members are required to wear gloves and masks at all times, and their temperatures will be checked at the beginning of each shift.



Cleaning stations have been added within steps of all equipment and include medical-grade disinfectants. Staff will be cleaning high-touch areas every 30 mins, and conducting deep cleans twice per day.



Hard to clean equipment such as foam rollers and resistance bands must be signed out at the front desk and will be thoroughly sanitized after each use.



Decals indicating safe social distance and one way traffic flow have been added throughout the club for your safety. Equipment has also been spaced appropriately & capacity limits are in place.

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