



COVID-19 REOPENING PLAN

PROPOSED PLAN | SUBJECT TO CHANGE WITH STATE AND/OR CDC GUIDELINES

FACILITY GUIDELINES

REDUCED HOURS OF OPERATIONS

- **Mon-Fri** | 6am-9pm
 - The club will be closed from 1pm-2pm Mon-Fri for a deep clean & supply restock.
- **Sat-Sun** | 8am -4pm

CAPACITY

- For the first week of operations only 100 members will be allowed in the club at any time. After the first week we will revisit this and potentially increase capacity to 150-200 members.
- Reservations will not be required for general workout time, only group fitness and F.F.I.T. classes.
- A limited number of Group Fitness and F.F.I.T. Classes will be available. Classes will be limited to 6-10 participants to allow for social distancing. Classes may be booked up to 24 hours before the time-slot begins.
- Please note you must click "book now" in the app, clicking "add to calendar" does not equate to a booking.
- Members will use a touch-less scan in process to scan their bar-code on the scanner which will be placed on the counter
- Cash will not be accepted for retail purchases. A credit card may be used with the chip reader or if it is stored on file

LIMITED SERVICES

- There will temporarily be no babysitting, tanning, women's only area use, showers, or use of the sauna/steam room during Phase 1 of our reopening. We hope to be able to reintroduce these amenities shortly and will be monitoring the situation closely to determine when it is safe to do so.
- Group Fitness Studios will only be available when class is in session, and a group class time-slot must be booked for access.
- At this time, guest privileges are not available.

CLEANING

- Team Members in each club will be re-focused from normal duties and dedicated to zone cleanings in all areas of the gym, including high touch areas, door handles, and water fountains, etc. High-touch areas will be cleaned a minimum of every 30 minutes.
- Members will be required to wipe down equipment and surfaces after each use and cleaning stations have been added within steps of every piece of equipment to ensure convenience.
- Daily cleaning protocols updated with extensive checklists for medical-grade cleaning materials, additional refill stations for wipes, sprays, and bottles, etc.
- Deep cleans will be conducted two times per day by both our staff and our professional, third party cleaning company.
- Hard to clean equipment such as a bands will be available on a sign-out basis and disinfected by staff after each use.

SOCIAL DISTANCING

- Social distancing decals such as one way traffic indicators and designated group fitness studio spaces will be located throughout the club.
- Equipment has been spaced out to adhere to social distancing recommendations.

OTHER SAFETY MEASURES

- Temperature checks will be required for all staff members.
- All employees will be required to wear masks at all times.
- Masks/face coverings are required for our members where safe social distance(14ft) is not possible.